



## **Sea Bright Junior Lifeguard Program**

The Sea Bright Beach Patrol will once again be hosting a junior lifeguard program during the summer of 2010. We are a team of aquatic professionals who provide a fun and safe aquatic education to the youth of northern Monmouth County through developing confidence, mental and physical fitness and respect for one another and the coastal environment. The program consists of water safety education, including rip currents, ocean hazards, tides, the importance of keeping physically fit, and general knowledge of lifeguard duties, along with hands on instruction of lifeguard equipment. All instructors are current members of the Sea Bright Beach Patrol. Registration is open to children between 9 and 16 years of age who are able to swim in the ocean.

**Session I will be a two week session, July 5<sup>th</sup> thru 16<sup>th</sup> 9am till 10:30am Mon-Fri.**

**Session II will also be a two week session, July 19<sup>th</sup> thru July 30<sup>th</sup> 9am till 10:30am Mon-Fri.**

Space is limited to 60 Jr. Guards per session.

**Sign-ups will be held on Sat. May 8<sup>th</sup> 10am to 12pm**, at the Sea Bright Lifeguard Headquarters, (which is located behind the Sea Bright Library in the public parking lot at River Rd. and Ocean Ave.) There is a non-refundable fee of \$75.00 per Jr. Guard. This includes, Jr. Guard Instruction, Sea Bright Jr. Guard rash guard, and membership to the United States Lifeguard Association, [www.USLA.org](http://www.USLA.org). (USLA membership includes monthly magazine subscription and sticker).

Any questions please contact Lifeguard Supervisor Jon Holmes @ [www.seabrightjrguards@hotmail.com](mailto:www.seabrightjrguards@hotmail.com) or by phone at Lifeguard H.Q. **732-842-0215** Sign up forms can also be printed out on the Sea Bright Borough web site [www.seabrightnj.org](http://www.seabrightnj.org)

## **Sea Bright Junior Lifeguard Program Waiver and Release of Liability**

In Consideration of participation in the Sea Bright Junior Lifeguard Program,  
the undersigned:

1. Acknowledges and fully understands that each participant will be engaging in activities that involve risk and injury to themselves.
2. Assumes any and all risks of personal injury to the minor and authorize the Sea Bright Lifeguards to contact or render any medical treatment that may be deemed necessary for the minor. I (we) give authorization to a physician to treat or render emergency medical treatment when necessary. If such medical treatment is necessary, I agree to pay all medical bills relating to injury arising from participation in any event or activity.
3. Release, waive, discharge, and convent not to sue the Borough of Sea Bright, the Sea Bright Lifeguards, their respective administrators, directors, coaches and any other employees or volunteers of these organizations, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessees of premises used to conduct the event, all of which are hereinafter referred to as "releases" from any and all liability, loss, damage, claim, demand, or cause of action against those attributable to the minor's participation in the event or activity, whether same shall arise by their negligence or willful or wanton misconduct of one of those individuals or organizations.
4. Warrant that minor is in good health and has no physical condition that would prevent the minor from participation in the event or activity.

I/We have read the above waiver and release, understand that we have given up substantial rights by signing it and sign voluntarily.

I the parent/legal guardian, consent to the minor's participation in the Sea Bright Jr. Lifeguard Program .

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Parent's or Guardian's Signature

Date

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Minor's Name Enrolled

